

# Squire Park Community Council

Our Central Area Neighborhood Quarterly Newsletter

Find us at <https://squirepark.cc/> and <https://www.facebook.com/SquirePark>

July 2025

## SPCC Quarterly General Meeting

Saturday, July 19, 2025  
10:00 a.m. to Noon  
Byrd Barr Place  
722 18th Ave

### Agenda includes

1. Introductions, News and Neighborhood Comments.
2. Swedish MIMP
3. Intervene with Narcan
4. Healthy Youth Can
5. School Board Candidates
6. Community Updates
7. **Potluck, noon –2PM**

**Meet your neighbors. Bring a dish to share.**



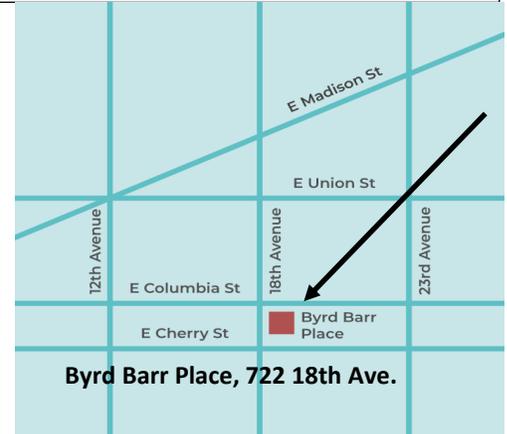
## Meet and Bring a Dish to Share!

Join your neighbors on July 19 for conversations on neighborhood happenings and how you can contribute and help. **Learn** about the impacts of major institutions on our neighborhood (p.3). Learn **how to use Narcan** to save a life (p3) and **meet the folks who work on substance abuse prevention** (p.2) Last but not least, **meet your school board candidates** (p2).

Your community council offers a place for all to come together for the good of the neighborhood. Come! **Bring a dish to share** at the community potluck

## SPCC Thanks the Central Area Collaborative Business Spotlight

The Central Area Collaborative (CAC) is a community-led nonprofit that uplifts Seattle's Central Area cultural heritage by promoting economic empowerment and equity. Since 2016, it has supported local businesses through customized technical assistance, mentorship, and grant programs that enhance access to capital and ensure long-term sustainability. See <https://www.cacseattle.org/> and business spotlights on P. 3.



## SPCC President's Message

Neighbors and Friends,

This summer has been fruitful on my block. New babies, new families, new flowers, and new growth.

Construction is in the air, and houses are popping up where there were once open lots. Those open lots give us green grass, wildlife, rabbit dens - that's all good! But sometimes it's trash in the form of cans,

discarded snack wrappers, and plastic bags. We should look at

this as an opportunity to chip when no one is looking; collect

what you can to throw away at your house. Keeping our

neighborhood clean is contagious. Your neighbors might not see

YOU do it, but it will inspire and challenge them to do the same,

nonetheless. Take a moment and pick some weeds from your

traffic circle. Walk around your block and find things that need to

be relocated to the trash. We are all served by your generosity

with your time and effort. See you out there! Sincerely, Stefan



HYCAN Mural at Miller Community Center

## We Need Your Voice in Prevention

The Healthy Youth Central Area Network (HYCAN), part of the Seattle School initiative to prevent youth substance misuse, is recruiting new board members for the coalition. Extensive research has shown that increasing protective factors while decreasing risk factors ensures positive youth development and acts to help prevent both substance abuse and violence. Our program strategies support families and youth in making healthy life choices in Central Seattle.

We welcome parents and grandparents, along with organizations that represent communities, schools, health care, substance abuse treatment organizations and government and law enforcement to join the coalition. We need people who care to advise and support HYCAN on strategies and programs, budget and needs of the Central Seattle Community.

Youth created public art murals sponsored by HYCAN can be found throughout the Central Area. HYCAN also sponsors the Purple Reign dance program at Washington Middle School, Hip Hop 2 prevent at several locations and the annual Champions Together youth billboard contest.

The Guiding Good Choices group sessions support families of middle school students with the

information and community connections that to help them reduce their children's risk for using alcohol and other drugs. Information related to the dangers of and identifying vaping, fentanyl, and other illicit drugs is also made available.

We work with the Children's Health Equity Initiative to identify needs and increase access to equitable comprehensive health care.

**Please see the HYCAN website at [hycan.org](http://hycan.org). If you are interested furthering this work, we need your voice! Contact Prevention Coordinator Stephanie Tschida at [sgtschida@seattleschools.org](mailto:sgtschida@seattleschools.org).**



HYCAN Billboard

*HYCAN is funded Washington State Health Care Authority's **Community Prevention and Wellness Initiative (CPWI)**, a partnership of state agencies, counties, schools, and local prevention coalitions*

## Who will Govern our Schools?

The Seattle School District Director District No. 5 candidates who will be on our August 5, 2025 primary election ballot have been invited to give brief presentations at the meeting and to mingle with the community at the July 19<sup>th</sup> meeting and potluck. [Vivian Song](#), [Vivian van Gelder](#), [Landon Labosky](#), [Allycea Weil](#), [Julissa Sanchez](#), [Janis White](#)

were invited, and we have heard from most that they will attend. A candidate's RSVP is appreciated to participate but not required. See more information at <https://squirepark.cc/>

Watch for your mail-in ballots at the end of July!

## From Soup to Solidarity: Stir Up Action (See full article at <https://squirepark.cc/>)

Meet *Carrie and the Soup Group*. Carrie—a blunt, spirited, and fiercely motivated neighbor in Squire Park— writes emails to share ideas and resources with the group. But they aren't just invitations; they are loud and clear calls to action and reminders that doing good is both urgent and joyful.

If you find yourself lost in a doom scroll of despair or just seeking connection, join with *Carrie and the Soup Group* to move from overwhelm to action. Subscribe to the weekly email at [heywhatcanido.com](http://heywhatcanido.com) or follow them on Instagram at [@heywhatcanidotoday](https://www.instagram.com/heywhatcanidotoday).

### Squire Park Community Council Board Meetings

See Squire Park Community Council <https://squirepark.cc/>. Board meetings are generally on the second Tuesday of the month via Zoom.

### Our Next Community Meetings are scheduled for July 19 and Oct. 18, 10:00 AM to noon at

Byrd Barr Place, 722 18th Ave  
SPCC meetings are open to all residents, business owners, and interested parties. Please come. Bring a neighbor.

### Your 2025 Community Board

Joanna Cullen, **Secretary**  
Travis Dobler  
Leon Garnett  
George Hacker  
Joy Jacobson, **Treasurer**  
Stefan Schachtell, **President**  
**Lauren Vorona, welcome new member**  
Kathy Yasi  
William Zosel  
Thank you **Brad Barber and Stefan Schachtell** for the SPCC Website.

## Intervene to Save a Life (Narcan training at SPCC Meeting)

Last year, over 1000 people in King County died of opioid overdose. We are four Squire Park neighbors & Harborview physicians who are hoping to engage and empower our neighborhood to protect each other. You are invited to a hands-on training at the SPCC Quarterly meeting on identifying an opioid overdose and administering naloxone/Narcan. At the training, we will be distributing inhaled naloxone to all participants (and stickers!), with plenty of time for practice and Q+A, where we would love to learn from each other's experience on intervening on an overdose, and sharing best practices. We will end the training by making posters together that folks can hang around the neighborhood as they walk home from the meeting. Join us-- we can't wait to meet you all. Thank you, Claire Quinlan

### Spotlight on Simply Soulful Café

Located at 2321 S Jackson St, Seattle, WA, Simply Soulful is a beloved, Black-owned, family-run soul food café serving made-from-scratch Southern classics, including catfish, gumbo, and sweet potato pie. Founded by mother-daughter duo Barbara Collins and Lillian Rambus, the café pays homage to generations of family recipes and hospitality. In addition to dine-in and takeout, Simply Soulful offers catering for events of all sizes, bringing soulful flavor and love to every table. More than a restaurant, it's a community hub where culture, comfort, and cuisine come together.

### Spotlight on Jerk Shack's Hot Honey

Chef Trey Lamont, owner of Jerk Shack in Seattle, has crafted his signature Hot Honey using peppers grown by local Black farmer Ras Peynado. This sweet-and-spicy condiment brings vibrant Caribbean flavor to a variety of dishes, from fried chicken to pizza. Rooted in tradition and driven by community, Jerk Shack's Hot Honey highlights Trey's commitment to local sourcing and quality. Find the Jerk Shack at 1133 24th Ave Suite N, Seattle, 98122. ( See a personal review <https://squirepark.cc/enjoy-the-jerk-shack/>)

## How Many Cars come to Providence/Swedish? How Many Should?

**"Big Institutions" --- Providence/Swedish Hospital and Seattle U --- have a big impact on our neighborhood.** Both are subject to a City of Seattle Major Institution Master Plans (MIMP) intended to guide campus development and, importantly, limit the intensity of the traffic they generate. The Providence/Swedish MIMP is now almost nine years old and some conditions have changed since 2016.

The City and the Institution will host a community meeting to share the details and get feedback from you at the July 19 SPCC meeting. The focus of will be the requirement that Providence/Swedish limit the number of cars commuting to the campus, and public transit as a strategy to do that. There will be presentations by King County Metro and Commute Seattle, a consultant organization.

***The Implementation Advisory Committee (IAC) for Swedish Medical Center Cherry Hill Campus is seeking additional community representation.***

*Architects and landscape architects, along with those with legal expertise are especially needed. Anyone with a passion for the neighborhood can help us. To express your interest, please contact Claire Lane, Chairperson, at [claire@chaplaineinn.net](mailto:claire@chaplaineinn.net)*

### SPCC Newsletter

The Squire Park Community Council newsletter is published four times a year-- January, April, July and October. Articles for the newsletter are always welcome. We edit for length and syntax. Please submit articles electronically to [jfoxcullen@gmail.com](mailto:jfoxcullen@gmail.com). **The Sept./Oct. newsletter submission deadline is around Sept. 15th, 2025**

At least two board members review the contents of every issue before publication. Opinions of contributors to the newsletter do not necessarily reflect those of the Board of Directors.

Publisher: SPCC Board of Directors Editorial Overview: SPCC Board of Directors Editing: Bill Zosel , Joy Jacobson., Joanna Cullen (layout) Contact [joyjake5@msn.com](mailto:joyjake5@msn.com) to help deliver.

Distribution: SPCC Board and Squire Park Neighbors. We hand-deliver the SPCC newsletter four times a year to more than 3400 residences within Squire Park. **Volunteers Appreciated!**

## Black Panther Museum Update

Na'eem Shareef, a legacy Black homeowner in Squire Park and original member of Seattle's chapter of the Black Panther Party (the first outside California), is not done making history. Today, Shareef's effort to open a new museum and interpretive center dedicated to the Black Panther Party in Seattle is still in early development with an eye to a Pioneer Square location. The Panthers launched over 65 initiatives in their time, including free breakfast programs to community health screenings and liberation schools. This museum will tell that fuller story.

"The goal is not just to display artifacts, but to design a place where people can learn about other revolutionary organizations, past and present. It will be more than a tribute; it will be a call to action, rooted in place and in people."

"What can today's residents, newcomers and longtime locals do to support the museum and honor the community's legacy? If you have a meeting for an hour, spend 10 minutes on the problem and 50 on the solution. Otherwise, we're wasting time. Work with the people you can work with—and be solution-oriented. Everyone has a part to play, no matter how small; even just raising your children right — that's huge. That might be number one. Then, form coalitions with people who want to get something done. "

"To be involved support the Seattle Black Panther Party Legacy Committee and local Black-owned businesses; attend a community meeting; or just grab a coffee, sit down with a neighbor, and ask: What do you remember?"

*Above is an excerpt from "A Museum, a Movement and a Mocha" by Travis Dobler, Squire Park Community Council (See <https://squirepark.cc/a-museum-a-movement-and-a-mocha/>)*

### Neighborhood Litter Cleanup Always Welcomes New Hands

A dedicated group of volunteers in the S. Jackson and E. Yesler area schedules neighborhood cleanups every month. Chris Tremonte is the organizer. To contribute or for more information see <http://tinyurl.com/JaxlerCleanup>.

## Squire Park Community Council's Web Site Is Now Live!

See <https://squirepark.cc/> for updates. To share an event or request a feature contact [gostefango@gmail.com](mailto:gostefango@gmail.com) This is your site.

We accept checks or cash at our meetings. Checks

can be mailed to the address below.

**Squire Park Community Council (or SPCC), C/O Central Service Center, Suite 100, 464 12<sup>th</sup> Ave, Seattle, WA 98122**

**Save the Dates (Updates are posted on <https://squirepark.cc/>)**

**Byrd Barr Place Annual Block Party, July 12 @ 12:00 pm - 5:00 pm**

**Central Area Neighborhood District Council Candidate (CANDC) Forum**

Seattle Mayoral and City-wide Council Positions D8 & D9

**July 15, 2025 6:00 -9:00 PM**, Grace United Methodist Church Hall, 722 30th Ave S.

